# CIRCULUTION

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- Medium pad x 4pcs
- Small pad x 2pcs
- Large pad\*2pcs
- (when use 4 line cable, make sure to use at least 1pc
- Acupuncture point chart x 1pc
- Instruction manual x 1pc

- · 4"touch screen
- Dual Channel

- Rechargeable lithium battery
- Battery indicator to know when need to recharge battery
- USB Charger 5v



# Included in this standard package:

- Device x 1pc

- Electric wire x 3pcs
- white(positive) +1pc blue line (negative) at the time.
- USB cable x 1set
- Collection board for pad and wire x 1pc
- Touch pen x1pc
- · Bag x1pc

# Features

# 2 output with 12 modes

- 20 level intensity
- · 20 minutes default timer, can adjustable from
- 10-60 minutes

# 7 Pause button 8.Two output connector 9.USB port 10. A/B shift button

3.Intensity(+)Button

4.Intensity(-)Button 5.LCD screen

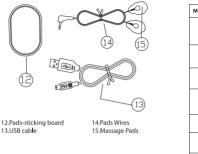
1.ON/OFF button

2.Battery indicator

6.Time setting button

11.Safety lock icon

# Illustrations of the device & accessories: (Model: AS2015)



There are twelve modes to choose from there are:

- 2.Acupuncture
- 6.Shiatus 7.Pressure
- 8.Back Pain
- 10.Body Building
- 11.Weight Loss
- 12.Combination

### Description Function 's especially effective for joint pain sciatica muscle spasms and nulating Tuina is a hands-on body treatment which nain in the back nack and choulders It also being chronic Tuina onens the flow of Oi through the meridians conditions such as insomnia constination headaches and the tension associated with stress. Simulating acupuncture provides the same sensation By stimulating specific acupuncture points it corrects Acupuncture without needles by utilizing electronic pulses to achieve the imbalances in the flow of gi through channels known as sensation of differing needle denths meridians Please read the acununcture chart Simulating tapping is intended to produce a hard thumping sensation that massage your muscles which can give you It's especially effective for muscle relaxing. an invigorated and revitalized feeling. imulating Guasha with a low frequency setting provides Guasha is effective in acute and chronic internal organ the user with a scratching and kneading sensation. Gua shall disorders. Patients may see immediate relief that patient feel releases unhealthy elements from injured areas and from pain.stiffness.fever.chill.cough.wheeze.nausea and stimulates blood flow and healing r simuliarende Shiatsu ist eine alternative Medizin hei Cunning is used to relieve back and neyk nains stiff welcher Druck von Fingern und Händen ausgeübt wird und muscles anxiety fatigue migraines rheumatism and even Simulating Shiatus it is a type of alternative medicine Shiatsu can help facilitate healing from many minor consisting of finger and palm pressure stretches and other lailments From headaches and back pain to digestive sinus and massage techniques.

1.Tuina

3.Tapping

4.Guasha

- 5.Cupping
- 9.Deep Tissue Massage

12 Combination Auto combination of several modes for relaxation

# Recommended massage points:

LOWER BACK

Modes 1.4.5.6.7.10.11

DELTOID

Attach one pad in front and

one in back of the muscle.

ELBOW

Modes 1,2,3,4,6,7,9,11

Attach both pads on either

side of the joint with the pain.



SCIATIC Modes 1.2.3.4.5





Attach both pads on either side of the area with pain.





Modes 1.2.3.4.5.6.7 Attach both pads on either side of the area with pain.











ABS/SHOULDER



Modes1.2.3.4.5.6.7.10 Attach both pads above







# ANKLE/FOOT

# Modes 1,4,5,6,7,10,11





Attach both pads on the calf/leg where you feel pain. (Do not place electrode pads simultaneously to the calves of both legs.)





# Included in this standard package: 1. Connect the pads to the wires by snapping them on

then remove The protective film. Note: adding a few drops of water on the pads will increase their longevity 2. Place pads where the massage sensations are desired and plug into one of the ports on the device. For additional relief use the second port and repeat steps 1&2 for two additional pads. Make sure both pads are on

- the skin and are not overlapping. Make sure your skin is free from any dirt, oil, or lotion.
- 3. Turn the device on by pressing the on/off switch on the top of the unit. The unit will be now activated and start in Mode1
- 4. Touch the screen to choose modes. Then touch center button off the screen to control A/B channel. Remember the strength will default to the lowest setting with each
- 5. Once you select a mode gradually increase the intensity by pressing the "+" button; decrease it by pressing the "-" button on the side of main device. 6. Recommended application is 10-60 minutes per day Increase 10 minutes each setting. If desired, the time remaining automatically counts down to zero and the

• Do not apply the massage pads near the heart, on the head, above the neck, in the pubic region, over Scarred areas. on the throat or over the mouth.

- · Avoid touching the pads when the unit is on.
- · Pregnant women must avoid using this massager
- Do not use this massager if you a pacemaker or

- should not be used while driving, operating machinery. or during any activity in which involuntary muscle contractions may put the user at undue risk or injury.
- Do not use if you have following medical conditions: Acute disease, trauma or surgical procedure in past six month: Cardiac dysfunction, Epilepsy, High blood pressure, High fever, cancer, Infectious disease, Malignant tumors, Recent surgery, Skin problems, Pregnancy,

# Easy steps to get started with your therapy Regular Application principles:

- 1. Find the exact pain point: this is the position for the pads to be placed. The acupuncture chart can also serve as a guide for pad placement specific to each ailment. 2. Adjust the intensity gradually. It is more effective to
- reach the highest intensity level you can stand. 3. Recommended application duration is 2-3 times per day for 40-60 minutes per application, over 10 days for
- one course. 4 Pads can be placed in two ways:
- Twin Mode-with the 2 pads next to each other on the
- same side of the body and in close proximity. · Opposed Mode-with the 2 pads on a similar spot, but on either sides of the body ,i.e .the front and back shoulder.

## Maintenance and care

- 1. When you are finished using the device, turn it off and take off the pads. Store the unit in a cool, dry place until
- 2. After usage, please cover the pads with the protective film and put them back in their zip lock bags. Applying a few drops water before and after usage will increase the longevity of the pads.

3. Charge the unit at least every 3 month in event it is not used regularly. You can also use the unit with the wall charger or directly from your computer using the USB

Cause

One pad feels stronger than the other.	This is normal. Different areas of your body will react differently.	Nothing needs to be done.  Make sure the pads are moist and are making good contact.
During the massage, the skin feels a painful burning sensation or the stimulation becomes weakened.	Adhesive gel pads are not adhering firmly to the skin. Or the gel pads are too dry.	Apply a few drops of water to adhesive surface of each pad and make sure the pads are pressed firmly to the skin during application.
Unit is on, but no sensation is felt in the pads.	Both pads are not firmly on the skin. Or there is a loose connection. Or the intensity level needs to be increased.	Make sure both pads are firmly pressed to the skin. Make sure all connections are secure from the unit to the wires and the wires to the pads. Increase the intensity level.
Adhesive gel pads do not stick to skin even after cleaning and moistening the gel pad.	Adhesive gel pads need to be replaced.	Replace the set of pads. Pads can be purchased from local distributor.
Unit does not turn on or the screen is dim.	Battery is low.	Recharge the battery.
Does not provide adequate pain relief.	Not using it long enough. Not lying down then massaging neck.	Use your massager 20-30 minutes at a time, 3-6 times per day. Lie on your back for neck support when you need relief for headaches or neck

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blood and relieve pain

chronic muscle tension.

toned to some extent

Weight Loss Combination of acupuncture and other waveforms.

It is the manipulation of superficial and deeper layers of

muscle and connective tissue using various techniques.

Use low frequency vibrations to promote circulation of

Deep tissue massage therapy is similar to Swedish

Applying electrical current to muscles causes muscles to

contract.Stimulating muscles repeatedly with electricity

may eventually result in muscles that are strengthened and

9 Deep Tissue Massage, but the deeper pressure is beneficial in releasing spasms. Fibromyalgia and strain injuries such as carpal tunnel

bs,back,thighs and arms etc.

pecifically use for lower back

post surgery recovery.

day of hard work

an enhance function, aid in the healing process, decrease

relaxation and well-being, and as a recreational activity.

muscle reflex activity.inhibit motor-neuron excitability.promote

Deep tissue massage can provide relief from pain and stiffness

of muscle spasms,increase range of motion,injury recovery and

helps lose weight or tone strengthen and firm muscles at

Full body relaxation after workout:exercises&fitness or after a